

Mixing the cultural, social and international (<https://international.univ-rennes2.fr/campus-life/mixing-cultural-social-and-international>)

More opportunities for cultural and social interaction can also be found through the French foreign-language Centre (CIREFE) and the International Centre for Mobility (CMI).

Discover Rennes with Friends

These institutions propose a number of activities that are particularly targeted for international students and teachers/researchers.

The CMI and the CIREFE

Every year, both the International Mobility Centre (CMI) and the CIREFE organize tours to famous sites in the surrounding areas (i.e. visits to Mont St. Michel, Saint Malo, Chateaux de la Loire, Nantes, etc.).

They also propose guided visits of sites within the city of Rennes (Opera, National Theatre...), and can help with getting tickets to upcoming festivals, concerts and sporting events (subject to availability).

For more information on some of the events happening on-campus, check the cultural agenda on the CMI Rennes website (<https://cmi.univ-rennes.fr/en>) or on the CIREFE website (<https://sites-formations.univ-rennes2.fr/cirefe/en/life-at-cirefe/>).

The **CMI** additionally offers bike tours, international student days and tournaments among others activities.

ESN Rennes

The Erasmus Student Network (<https://www.studyinfrance.net/erasmus-in-france/esn-rennes/>), (ESN Rennes) is a student organization that helps welcome international students to the city and to the university. **All year long, we organize activities to help you get to know people, discover the country, and enjoy your life here. Whether you're a participant in an exchange program such as Erasmus, or you're here as an individual student, don't hesitate to join us!**

The Rennes 2 Buddy System

Studying abroad can be quite stressful for a lot of students. Going to another country, possibly for the first time, arriving in a city where you know no one, having to learn or deepen your understanding of another language(s), and carrying out administrative tasks (like finding housing) in a new context can all be challenging.

Because we know it can be hard for international students to meet local students, we have created a specific Rennes 2 Buddy System program. It's a mentor/mentee system. To subscribe as an international student, you should fill out the bilingual form available on this webpage (<https://www.univ-rennes2.fr/formation/venir-etudier-france/buddy-system>).

That being said, mentors do not work in any formal capacity for the administration. If you encounter any difficulties during your stay, you should contact officials working for the university or the CMI (<https://cmirennes.u-bretagne-ouest.fr/>), as they are best placed to answer your questions.

Before anything else, your mentor is a buddy.

Tourism Offices - Rennes and Brittany

Finally, if you want even more choices or ideas for outings, activities, or weekend getaways be sure to check out **the tourism websites of Brittany's Office of Tourism** (<http://www.brittanytourism.com/discover-our-destinations/rennes-and-brittany-s-historic-gateways/unmissable-sites/rennes>) and **Destination Rennes** (<https://www.tourisme-rennes.com/en>).

